

Informed Consent For Nutritional Consultation

Advanced Nutritional Programs

I acknowledge that MONICA HERSHAFT is not a medical doctor and is not licensed in the state of California. I understand that MONICA HERSHAFT is trained in NRT (Nutrition Response Testing) and as a Nutritional Consultant through GCNM and provides nutritional and other health related information to help me attain and maintain my best health. MONICA HERSHAFT will help determine which nutrients my body needs bolstered. All recommendations are designed to help me keep and enjoy my best state of health through personalized recommendations in lifestyle, exercise, health habits and advanced nutrition. I understand that MONICA HERSHAFT does NOT diagnose, treat, cure or claim to cure cancer or any other disease, physical or mental. I request that MONICA HERSHAFT perform an evaluation and set up a program for me for the purpose of enhancing my health and well being. I understand that this program is not intended as a substitute for regular medical care.

I understand that for the first month or two of treatment, generally weekly visits are recommended to allow for proper updates to the program as the body goes through changes as the health improves. I understand that I also need to follow the dietary recommendations of the program in order to achieve optimal results. I understand that I should not take additional vitamins/herbs/supplements/over the counter medications without informing Monica and bringing them in for interaction testing. I understand that taking any additional vitamins/herbs/supplements/over the counter medications can affect the outcome of my program and the results. If any problems or concerns come up that concern my program, I will communicate those thoughts to Monica so that they can be addressed.

Consultation Fees

The initial consultation fee for MONICA HERSHAFT is \$150.00 for 1 hour where the core problem is identified and evaluated. The second visit, Report of Findings is usually ½ hour -45 minutes where the treatment program and process is discussed and advised upon. This visit is \$75.00. All future follow up visits will be \$50.00-\$75.00 for 20-30 minutes. Any overtime will be charged at a rate of \$12.50 for every 5 minutes. Additional “quickie” visits to adjust/tweak your program that take place within a week of your appointment are available for 10 minutes for \$25.00. Nutritional testing will be performed using muscle testing to pinpoint-target special body needs. Nutritional Supplement Purchases: I understand that the cost of nutritional supplements is separate from consultation fees. Returned Checks: If paying by check, I understand that an additional \$30.00 processing fee will be assessed for each returned check or “stop payment” check.

Scheduling Policy

I understand that if I want to reschedule or cancel my appointment for any reason, it is my responsibility to call her office during business hours, 1 business days or more in advance of my scheduled appointment. I understand that if I fail to reschedule or cancel my appointment at least 1 business day in advance of my scheduled appointment, there is a \$50.00 non-refundable processing fee. I understand that leaving a voicemail or sending an e-mail message to reschedule or cancel my appointment is not acceptable. I understand that the working business hours are Monday-Saturday 10am-7pm.

Time Allotment

I understand it is my responsibility to observe the length of time my consultation is taking. Although MONICA HERSHAFT is glad to answer questions as the consultation proceeds, it naturally extends the length of the consultation time. I understand that if I do not wish to go beyond a certain time limit, I need to inform MONICA HERSHAFT before the consultation begins.

Follow-Up Telephone Consultation and Emergencies

I understand that any questions I may have should be asked during my consultation time. If I have questions after the consultation, I understand that I may choose to have a brief telephone consultation. I understand that if I have any questions between scheduled visits, or if an emergency arises, or if I would just like to speak personally to MONICA HERSHAFT, I will need to call to schedule a 15 minute consultation time (or longer). MONICA HERSHAFT will then answer my questions during this brief consultation time. Consultation fees are calculated at \$30.00 per 15 minutes.

Nutritional Supplement Policy

I understand that while I am under the care of MONICA HERSHAFT, I agree to purchase my nutritional supplements and place my orders through her directly. This helps to assure that my nutritional program proceeds smoothly.

Consent I have read this Informed Consent and understand it. I am not a minor (under the age of 18). Additionally, I am here on this day and any subsequent visit, solely on my own behalf and not as an agent for any federal, state or local agencies on a mission of entrapment or investigation and I also certify that I am signing my own true given, legal name and not an alias or a pseudo or false name.

Date _____ Signature _____

Printed Name _____